Dating Rights & Responsibilities

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| **I HAVE THE RIGHT*** To say yes or no to you about anything.
* To spend time with my own friends. To go places with my friends/family.
* To be trusted and shown respect.
* To make my own decisions about what is right for me.
* To wear what I want and dress in my own style.
* To be myself and not have to change for you.
* To not be pressured into anything.
* To not be made to feel obligated to you.
* To be safe and feel safe at all times.
* To share in making decisions about what we do as a couple.
* To have some privacy.
* To have and express whatever feelings I need to.
 | **IT IS MY RESPONSIBILITY*** To accept no for an answer. To listen to and respect your opinions.
* To accept your friends/family and your choice to spend time with them.
* To trust you and treat you with respect.
* To encourage you to make your own decisions about what is right for you.
* To support your right to dress as you choose.
* To accept you for who you are and not try to change you.
* To not pressure you into anything.
* To give you gifts or do nice things for you without expecting anything in return.
* To not intentionally hurt you or threaten you.
* To share in making decisions about what we do as a couple. To not be controlling.
* To respect your privacy and to give you some space when you need it.
* To recognize and accept that your feelings may differ from mine and you have the right to express them.
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Talk about these rights and responsibilities with your dating partner.
Then make a promise to each other to maintain a safe and healthy relationship.