

# EIGHTH GRADE UNHEALTHY RELATIONSHIPS

The students discuss the dynamics of dating violence and how to get help.

**TIME REQUIRED:** 40 to 45 minutes or one class period

## **OBJECTIVES:**

- Students will identify “red flags”, warning signs of an unhealthy relationship
- Students will begin to understand the root causes of dating violence
- Students will place responsibility for the abusive behavior on the abuser
- Students will learn the options available to victims of dating violence
- Students will be encouraged to notice and take action against abusive behavior of peers

## **OUTLINE:**

1. Introduction of the topic of abusive dating relationships through video.
2. Discussion of warning signs and options
3. Closure

## **MATERIALS:**

Video: *Crossing the Line*  
Red Flags  
Role Plays

## **FACILITIES:**

Individual classroom  
White/chalkboard  
Ability to play a DVD